




Royal Canadian Legion

Branch 625 Richmond



**Legion**  Canada's Largest Service Club

## *Foxy's Tales*



# *September 2020*

### **Branch Executive Officers**

President	(613-838-4269)	Brian Goss
Immediate Past President	(613-838-3244)	Jane Louks
First Vice President	(613-838-2548)	John Villeneuve
Secretary	(613-838-6078)	Elizabeth Douville
Treasurer	(613-838-3721)	Shirley Morris
Sgt-at-Arms		vacant

### **Branch Executive Committee**

Eric Booth  
Body Dulmage  
Joanne Heinbuch  
Jack Lemyre  
Mavis Lewis  
Tom Louks  
Louis Seward

### **Branch Committee Chairs**

Bar	(613-838-3244)	Tom Louks
Branch Regulations		Jack Lemyre
Bursary		Jane Louks
Bulletin		Wendy Ryan
Catering		Jane Louks
Cenotaph		Jane & Tom Louks
Chaplain	(613-838-3942)	Dcn. Louis Seward
Hall Rentals		Shirley Morris & Jane Louks
Honours & Awards		Jane Louks
Long Term Planning		Eric Booth
Membership	(613-838-5055)	Boyd Dulmage
Poppy		Jane Louks
Property		Johnny Villeneuve
Public Relations		Brian Goss
Service Officer	(613-838-3948)	Jack Lemyre
Sick & Visiting		Louis Seward & Shirley Morris
Sports		Mavis Lewis
Training & Development		Vacant
Ways & Means and Catering		Jane Louks
Website		Wendy Ryan
Youth	(613-838-6078)	Elizabeth Douville



**The Royal Canadian Legion Branch 625**  
**6430 Ottawa St. W Box 625,**  
**Richmond, Ontario K0A 2Z0**

**Phone 613-838-2644**  
**Website: [www.richmondlegion.ca](http://www.richmondlegion.ca)**

### **Club 55 Executive**

President	(613-838-2138)	Joanne Heinbuch
Past President	(613-838-4269)	Brian Goss
Vice President	(613-838-2548)	John Villeneuve
Secretary	(613-838-6078)	Elizabeth Douville
Treasurer	(613-838-3244)	Tom Louks

### **Committees**

Branch Liaison	Shirley Morris
Cards (for people)	Brenda Goss
Coffee	John Villeneuve
Euchre	Joyce Cook
Exercise	Shirley Morris & John Olsen
Membership	Joanne Heinbuch
Movies	Tom Louks
Telephone	Marg Hogan



**Deadline to submit for the next bulletin is always t**  
**he third Friday of March, June, September and December by 6 pm please**

Send to [wryan1955@hotmail.com](mailto:wryan1955@hotmail.com)

**All articles appearing in this publication are the opinions of their author.**

### **President's Message**

Here we are in the third quarter of the year and it is still the same old, same old with our Legion Branch. We are a Branch without daily bar hours and as a result the only current income is from the coffee fund which is not enough to pay the bills. Fortunately, we have limited bills and a good bank account and can survive for the near future.



Our Branch's income is limited to rental events, barbeques and community activities such as cards, darts, exercises, and coffee hours. Unfortunately, we are still restricted from having barbeques as the ban on buffet serving continues. In addition, table games which include cards and darts are also restricted and due to space (six-foot separation) we are not accepting bookings for rentals (not that we have been overwhelmed). The big change since my last report is that we are limited to opening for coffee and exercises.

As changes come in from Provincial, District and Zone we will update our members via the web page and emails. The good news is that all renovations, maintenance etc. has been completed which means we do not have to reduce our bank account further other than for minimal monthly utilities.

Who knows how long this pandemic will last, but we are more fortunate than many branches since we have no mortgage or monthly rental fees and a healthy bank account.

***Brian Goss***

### **Poppy /Remembrance**

**In keeping with Dominion Command guidelines, we will be holding a very scaled down Remembrance ceremony this year and it will be by invitation only.**

There will be no Remembrance dinner and no Munster ceremony either.

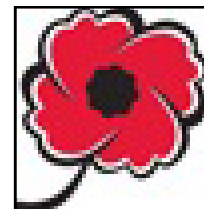
On November 11th, there will be no parade and no guests attending and no open house (obviously!)

Only a few wreaths will be laid (Canada, Fallen Comrades, All Veterans Branch 625 ) but the number of wreaths laid and which ones have not yet been decided upon.

If you are not contacted by Poppy Chair Jane Louks prior to November 1st ,2020 please do not come to the ceremony.

There are plans to contact the various businesses and ask for their continued support this year even though there will be no public ceremony since we do rely on them, as well as the Poppy boxes , to raise funds to support the various causes (bursaries, local hospitals and veterans causes etc).

The good news is 6 bursaries were given out this year! Three went to students at South Carleton High and three to students at Sacred Heart High.



***W. Ryan for  
Jane Louks***



## Club 55

We won't be meeting this year; however, we have high hopes for our gatherings to begin again in 2021.

The Executive extends all the best for you, our members, and for those who might want to come on board in the future.

Stay safe and healthy everyone.

*From Elizabeth Douville for Joanne Heinbuch*

## Sports

We have received a notice from the District G Sports Officer. Due to Covid 19, all district sports events have been cancelled for the year. It is expected that Provincial Sports will also be cancelled. Any Branch or Zone that was to host an event, will host the event next year.

If a Legion chooses to hold a sporting event, not District approved, that Legion must follow the Health Standards and Protocols that have been set in place.

*From Elizabeth Douville for Mavis Lewis*

## Submissions for this Bulletin

Please note that if you have something for this bulletin, please contact me directly as I will not put anything in the bulletin that does not come directly from the committee chair or executive member covering that position or event (i.e. membership chair, president, vice president etc).

You can email me at [wryan1955@hotmail.com](mailto:wryan1955@hotmail.com) or call me at 613-838-9696.

If there is something in a column that contradicts anything that I have been told by a member of that committee or a member of the relevant executive, I will be following up on that information with whoever submitted the column and if I think it is necessary, the branch president will also be informed.

Thank you.

**Wendy Ryan**



### **Membership Report**

My name is Boyd Dulmage, I have taken over the duties as your Branch Membership Chair from Shirley Morris. This will be my third year as a member of the legion, but my first year at the Richmond Branch. I have already met several members and look forward to meeting the remainder.

It has been quite a year with all the closures and shut downs and many Legions have been hard hit with some closing down and others left in limbo as to their status, and members wondering if they will have a branch to return to when things get back to normal.

I have been contemplating doing a recruiting drive in the fall to increase the Branch membership, but have yet to decide what the best approach is as the COVID has put limitations on this. If anyone has any suggestions or ideas you could pass them to me through my e-mail which you can find on the Branch Website.

MEMBERSHIP RENEWALS - Membership fee for the new year will be \$50. I will be at the Legion at the following times to collect the fee and issue your 2021 sticker for your card.

- a. 28 September 10:00 a.m. to 11 a.m.
- b. 02 October 10:00 a.m. to 11 a.m.
- c. 07 October 10:00 a.m. to 11 a.m.
- d. 14 October 10:00 a.m. to 11 a.m.
- e. 16 October 10:00 a.m. to 11 a.m.

Payment can be made by cheque or Money order, or if you have cash we will certainly take that, we just ask that you please bring exact change.

As in previous years, members who pay on or before 31 October will be entered into a draw and two(2) members will receive their membership fee returned in the form of a cheque for \$50.

Members can renew online with a credit card. This can be done on the dominion command website. You would need an email address and password and you can get this by registering online using your legion membership number.

Effective 1 January 2019, members of the Canadian armed forces and veterans residing in Ontario no longer need a fishing license for conservational fishing. You can consult the Ontario fishing guides for the catch limit for conservational fishing

*Please continue to stay safe, and best of health to everyone.*

***Boyd Dulmage***

### **YOUTH EDUCATION 2020 -2021**

For over 50 years, the Royal Canadian Legion has sponsored annual Poster and Literary Contests that are open to all students from coast to coast to coast.

The youth who participate in these contests assist the Legion in one of our primary goals- fostering the tradition of Remembrance amongst Canadians.

Our 3 schools, -that is South Carleton High School, Richmond Public, and St. Philip Catholic, gave us 267 entries in 2019. The teachers and students continued to support our contests and gave us great entries.

This year the Contests are still on, and the due date for entries has been extended into December of this year.

I am unsure as to what to expect at this point. However, I will make my contacts once the year gets going. There is so much else going on right now.

I wish I had the Senior Colour Poster for our display wall, but Eve Mulligan, who placed 2nd at the Provincial Level of competition has graduated. Maybe Dominion Command will return posters to Zone. If so, we may see it up on our wall this year.

There is still much to sort out and this will take time and organization, just as it must with just about any program we have.

The Public Speaking Contest is scheduled again for the spring-2021. Information about it will come forth in our new year.

Together, we will work to involve our students once again, and we wish them a healthy safe return to their schools.

*Elizabeth Douville*  
*Youth Officer*

**Husband and  
I went grocery  
shopping with  
masks, got home,  
took off masks,  
brought home  
wrong husband!  
Stay alert people!**

**I DON'T THINK  
ANYONE EXPECTED  
THAT WHEN WE  
CHANGED THE  
CLOCKS EARLIER THIS  
YEAR WE'D GO FROM  
STANDARD TIME TO  
THE TWILIGHT ZONE**

*Taken from the Provincial PR meeting held June 28 2020-09-19*

**UPDATE ON HOMELESS VETERANS PROGRAM**

Comrade McCaul provided a brief report from Dave Gordon. The numbers as at June 23, 2020 were 877 Veterans of which 90 are Female in 172 Communities and have disbursed 2.5 million since the beginning of the program. Comrade Sweeny reminded all committee members of the updates on our Provincial Website under [www.on.legion.ca](http://www.on.legion.ca) COVID-19 UPDATES. Comrade Sweeny also pointed out that Homeless Veterans feel the effects of COVID-19 unable to use bathrooms in restaurants etc. The homeless Veterans Hotline was set up back in March and the number is 437-228-4747 for any Veterans needing assistance. Through this Hotline Comrades Juanita Kemp and Pamela Sweeny have been monitoring this line 24/7. Comrade Crown mentioned that the Ladies' Auxiliary has lots of funds that they would willing donate to assist Homeless Veterans if they would just be asked. Comrade Sweeny responded that she had been speaking with Comrade Brian Harris and the opening of Residenza Ortona, in London Ontario for Homeless Veterans in the fall. Comrade Sweeny had suggested Comrade Harris write a letter to the Ladies' Auxiliary with a "wish list". He will be speaking at PAC in August about funds from Ontario Command to assist with paying for a peer support worker but the Ladies' Auxiliary might be interested in furnishing units the way they had previously done at 20 Palace Street in Toronto.

**OPERATION SERVICE DOGS**

Comrade Sweeny stated that COVID-19 has effected many services including donations from branches as a result of the Zone and District Conventions being cancelled. Comrade Sweeny mentioned to the Committee members that less than \$11,000 has been donated this year to Operation Service Dog. Our partnership with Wounded Warriors Canada – provided \$225,000 toward service dogs in 2018 and \$300,000 in 2019. Comrade Sweeny continued stating that Legion Branch Executives have been given the power to make donations through a special use form to Provincial Headquarters. Once the General Membership is allowed to meet again, those items will be recorded in the minutes. At this point in time, social distancing does not allow more than 10 in a gathering so it may be months before Legions can host a general meeting, in the meantime, these important programs such as Operation Service Dog, Bursary, Charitable Foundation, Homeless Veterans all need to continue to operate.





*A reasoned perspective from Dr. Fauci:*

Chickenpox is a virus. Lots of people have had it, and probably don't think about it much once the initial illness has passed. But it stays in your body and lives there forever, and maybe when you're older, you have debilitatingly painful outbreaks of shingles. You don't just get over this virus in a few weeks, never to have another health effect. We know this because it's been around for years, and has been studied medically for years.

Herpes is also a virus. And once someone has it, it stays in your body and lives there forever, and anytime they get a little run down or stressed-out they're going to have an outbreak. Maybe every time you have a big event coming up (school pictures, job interview, big date) you're going to get a cold sore. For the rest of your life. You don't just get over it in a few weeks. We know this because it's been around for years, and been studied medically for years.

HIV is a virus. It attacks the immune system and makes the carrier far more vulnerable to other illnesses. It has a list of symptoms and negative health impacts that goes on and on. It was decades before viable treatments were developed that allowed people to live with a reasonable quality of life. Once you have it, it lives in your body forever and there is no cure. Over time, that takes a toll on the body, putting people living with HIV at greater risk for health conditions such as cardiovascular disease, kidney disease, diabetes, bone disease, liver disease, cognitive disorders, and some types of cancer. We know this because it has been around for years, and had been studied medically for years.

Now with COVID-19, we have a novel virus that spreads rapidly and easily. The full spectrum of symptoms and health effects is only just beginning to be cataloged, much less understood.

So far the symptoms may include:

Fever

Fatigue

Coughing

Pneumonia

Chills/Trembling

Acute respiratory distress

Lung damage (potentially permanent)

Loss of taste (a neurological symptom)

Sore throat

Headaches

Difficulty breathing

Mental confusion

Diarrhea

Nausea or vomiting

Loss of appetite

Strokes have also been reported in some people who have COVID-19 (even in the relatively young)

Swollen eyes

Blood clots

Seizures

Liver damage

Kidney damage

continued on next page....



Kidney damage  
Rash  
COVID toes (weird, right?)

People testing positive for COVID-19 have been documented to be sick even after 60 days. Many people are sick for weeks, get better, and then experience a rapid and sudden flare up and get sick all over again. A man in Seattle was hospitalized for 62 days, and while well enough to be released, still has a long road of recovery ahead of him.

Then there is MIS-C. Multisystem inflammatory syndrome in children is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. Children with MIS-C may have a fever and various symptoms, including abdominal pain, vomiting, diarrhea, neck pain, rash, bloodshot eyes, or feeling extra tired. While rare, it has caused deaths.

This disease has not been around for years. It has basically been 6 months. No one knows yet the long-term health effects, or how it may present itself years down the road for people who have been exposed. We literally *\*do not know\** what we do not know.

For those in our society who suggest that people being cautious are cowards, for people who refuse to take even the simplest of precautions to protect themselves and sincerity those around them, I want to ask, without hyperbole and in all sincerity:

How dare you? How dare you risk the lives of others so cavalierly.

How dare you decide for others that they should welcome exposure as "getting it over with", when literally no one knows who will be the lucky "mild symptoms" case, and who may fall ill and die. Because while we know that some people are more susceptible to suffering a more serious case, we also know that 20 and 30-year-olds have died, marathon runners and fitness nuts have died, children and infants have died.

How dare you behave as though you know more than medical experts, when those same experts acknowledge that there is so much we don't yet know, but with what we DO know, are smart enough to be scared of how easily this is spread, and recommend baseline precautions such as:

Frequent hand-washing  
Physical distancing  
Reduced social/public contact or interaction  
Mask wearing  
Covering your cough or sneeze  
Avoiding touching your face  
Sanitizing frequently touched surfaces

The more things we can all do to mitigate our risk of exposure, the better off we all are, in my opinion. Not only does it flatten the curve and allow health care providers to maintain levels of service that aren't immediately and catastrophically overwhelmed; it also reduces unnecessary suffering and deaths, and buys time for the scientific community to study the virus in order to come to a more full understanding of the breadth of its impacts in both the short and long term.

I reject the notion that it's "just a virus" and we'll all get it eventually. What a careless, lazy, heartless stance.

***From Jack Lemyre***

### *Points to Ponder*

It's tough to find things to talk about when the highlight of your week is still that warp-speed trip to the grocery store.

It's too early to take cheap shots at whatever new mess our southern neighbours are about to step in.

It's too late to whine about how hot it was over the summer, and too early to get crabby about winter.

It's even a bit too early to lament the loss of fall church suppers and Thanksgiving turkeys with friends.

Far too premature to go into full-blown Bah Humbug mode – a couple of months left to work up to that. Christmas will be strange. At least we should hope it is, because if it's not, we'll end up right back where we started.

Certainly can't applaud everyone for staving off "the virus," because, sadly, we haven't.

Could dwell on our losses - those already counted and those yet to come -and fret about the economy, but who needs to get more depressed than we already are?

Know what time it really is? Time to figure out how to spend the days of darkness...and cold....and snow... and ice. I'm planning a savage decluttering of my house. (Apologies in advance to our faithful garbage collectors and the landfill haters.) I promise to offer any good stuff for free at the end of the driveway – assuming, of course, that I actually find any good stuff.

It's with great trepidation that I plan this attack. What horrors will I uncover in the depths of the basement? Or the depths of my closet. Did I actually wear this stuff? Did I pay money for it? I guess as long as I don't find anything that's actually alive, I'll manage to deal with it.

Should I dare fire up the treadmill that has sat idle for these many years? Will it suddenly grind to a halt and send me crashing to the floor? Perhaps there's a use for that old futon mattress after all....

A friend suggested I get a Nintendo Switch game console. I considered it, but of course there aren't any to be found, except at one store (which shall remain nameless) at twice the regular price. Not quite prepared to invest big bucks on something I likely won't be able to operate anyway, to try to play games that I don't even understand. I wouldn't mind a Wi console, but, of course, I'm about 10 years too late. At least you could physically interact with recognizable games on those – like tennis and golf – but these days, everyone is happy to sit on the couch and exercise their thumbs. I long for my old Tiger Woods golf game. Just popped a disc into my computer and away I went. My new computer doesn't even have a slot for discs, so I've missed another boat.

Walking in the great outdoors would be good, but I absolutely insist on remaining vertical during this activity, so it's on the B list. Having already spent last winter "self-isolating" with a broken arm, I'm just the tiniest bit paranoid about anything remotely slippery.

I'd like to get back to playing the piano, but as it hasn't been tuned in about 25 years, I suspect that's not going to happen. I'm afraid of what a piano tuner might say to me if I get up the nerve to call one. Of course I shouldn't really allow anyone in my house for the hours/days it might take to get the job done, so I might take a stab at the electronic keyboard. Ashamed to admit that it's had just about the same amount of care and attention as the upright.

There's always bread-making, which I enjoy, but how much bread can/should one person eat? My book club friends are always delighted when I arrive with a fresh loaf, but we haven't met since February, and are unlikely to reconvene any time soon.

This wasn't the way any of us planned to spend a few months, or years, but we must keep looking on the bright side – our hands have never been this clean!

Stay safe, everyone.

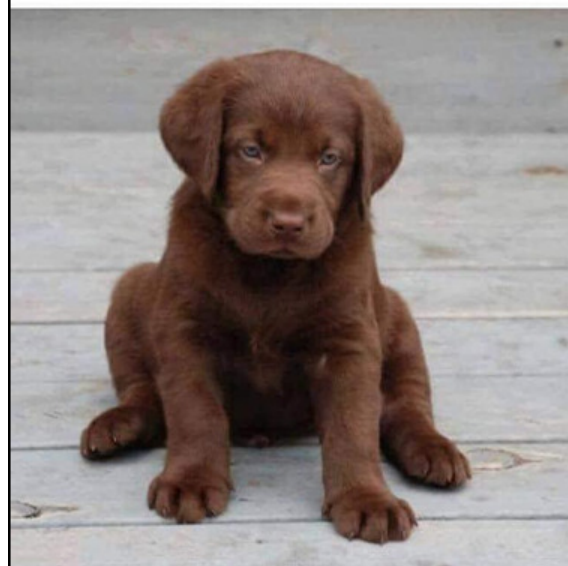
*Lynne Owen*

✍️ **★WHAT IS LUXURY? ... ★** They made us believe that luxury was the rare, the expensive, the exclusive, everything that seemed unattainable ... Now we realize that luxury were those little things that we did not know how to value when we had them and now that they are gone, we miss them so much ... Luxury is being healthy. Luxury is not stepping into a hospital. Luxury is being able to walk along the seashore. Luxury is going out on the streets and breathing without a mask. Luxury is meeting with your whole family, with your friends. Luxury are the looks. Smiles are luxury. Luxury are hugs and kisses. Luxury is enjoying every sunrise. Luxury is the privilege of loving and being alive. All this is a luxury and we did not know ..

✍️ Stay blessed. Stay grateful.

*From Brian Beyer*

This is Buddy , I bought him as a surprise present for my husband but it turns out he's allergic to dogs . So unfortunately I'm going to have to find a new home for him , and I'm just wondering if anyone out there can help ? . His name is Alan, he's 61, great at DIY, drives a nice car and plans wonderful holidays.



### *Humour & Other Stuff!*

Here's one you want your children and grandchildren to read. They won't believe this happened, but it DID. *This is from an American source but is still worth a read...pretty sure it will resonate in Canada as well...*

#### Harry & Bess

Harry Truman was a different kind of President. He probably made as many or more, important decisions regarding our nation's history as any of the other 42 Presidents preceding him. However, a measure of his greatness may rest on what he did after he left the White House.

The only asset he had when he died was the house he lived in, which was in Independence Missouri. His wife had inherited the house from her mother and father and other than their years in the White House, they lived their entire lives there.

When he retired from office in 1952 his income was a U.S. Army pension reported to have been \$13,507.72 a year. Congress, noting that he was paying for his stamps and personally licking them, granted him an allowance' and, later, a retroactive pension of \$25,000 per year.

After President Eisenhower was inaugurated, Harry and Bess drove home to Missouri by themselves. There was no Secret Service following them.

When offered corporate positions at large salaries, he declined, stating, "You don't want me. You want the office of the President, and that doesn't belong to me. It belongs to the American people and it's not for sale."

Even later, on May 6, 1971, when Congress was preparing to award him the Medal of Honor on his 87th birthday, he refused to accept it, writing, "I don't consider that I have done anything which should be the reason for any award, Congressional or otherwise."

As president he paid for all of his own travel expenses and food.

Modern politicians have found a new level of success in cashing in on the ), resulting in untold wealth. Today, many in Congress also have found a way to become quite wealthy while enjoying the fruits of their offices. Political offices are now for sale (*at all levels municipal, provincial, state, federal etc*)

Good old Harry Truman was correct when he observed, "My choices in life were either to be a piano player in a whore house or a politician. And to tell the truth, there's hardly any difference!"

I say dig him up and clone him!

If you agree, forward it. If you don't, delete it. I don't want to know one way or the other. By me forwarding it, you know how I feel.

*Enjoy life NOW! -- it has an expiration date!*

### **A very interesting explanation - it's in the Genes!**

Judy Wallman Trudeau a professional genealogy researcher in southern Ontario was doing some personal work on her own family tree. She discovered that Prime Minister Justin Trudeau's great, great uncle, Remus Trudeau, was hanged for horse stealing and train robbery in Alberta in 1889. Both Judy and Prime Minister Trudeau share this common ancestor. The only known photograph of Remus shows him standing on the gallows in the new Alberta territory. On the back of the picture Judy obtained during her research is this inscription: "Remus Trudeau horse thief, sent to Alberta Territorial Prison 1885, escaped 1887, robbed the Alberta Rail Flyer six times Caught by Royal Canadian Mounted Police detectives, convicted and hanged in 1889."

So Judy recently e-mailed the Prime Minister for information about their great, great uncle, Remus. Believe it or not, Prime Minister's Trudeau's staff sent this response back: Remus Trudeau was a famous cowboy in the Alberta Territory. His business empire grew to include acquisition of valuable equestrian assets and intimate dealings with the Canadian Pacific railroad. Beginning in 1885, he devoted several years of his life to government service, finally taking leave to resume his dealings with the railroad. In 1887, he was a key player in a vital investigation run by the renowned Royal Canadian Mounted Police. In 1889, Remus passed away suddenly during an important civic function held in his honour when the platform upon which he was standing collapsed.

**Now folks - THAT'S HOW IT'S DONE IN CANADIAN POLITICS**



*No Offence but ....*

I don't know who wrote this but SOMEONE FINALLY put into words what I've been thinking and I couldn't agree more!

I'm sick of covid-19.

I'm sick of black vs. white vs. any other race, creed or colour!

I'm sick of Democrats vs. Republicans. Liberals vs. Conservatives vs. NDP

I'm sick of gay vs. straight.

I'm REALLY sick of the media.

I'm sick of the language being used and plastered all over the media...

I'm sick of no one being allowed to think what they want & feel what they do without offending someone.

I am sick of the people who are out there jumping on the bandwagon to protest just to cause mass confusion and more hatred and to riot, loot, and destroy...

I am sick of blaming the world for the sins of a few.

I'm sick of people who think that 500yr. old history is our fault... it's history... get over it!!

We're one race—the human race. We All Matter!!

You want to believe in God? Okay, believe in God.

You want to believe in magical creatures that fly around & sprinkle fairy dust to make life better?

Awesome... you do it!!

**BUT how about being mature enough to be able to deal with the fact that everyone doesn't have the same exact mindset as you.**

Having our own mind is what makes us all individuals and beautiful.

If you can't handle that fact....I'm sorry!! I don't have to agree with everything you believe in however you will still be my friend.

**So be a decent human being.**

**Love one another, be kind be humble, be thankful, help a stranger and do a good deed!**

*And again NO offense but...*

**THE SADDEST PART OF 2016  
WAS SEEING HOW MANY PEOPLE**



**BELIEVED THE WORST RUMORS  
ABOUT A WOMAN WHILE IGNORING  
THE WORST FACTS ABOUT A MAN**

I keep hearing people ask,  
“Is America ready for a  
woman president? Or a gay  
president?” Funny thing is I  
never heard anyone ask if  
America was ready for an  
incompetent, vindictive,  
mentally unstable,  
misogynistic, homophobic,  
racist, traitorous egomaniac  
and yet, here we are.

**GETTING OLDER IS  
JUST ONE BODY PART  
AFTER ANOTHER  
SAYING, ‘HA HA, YOU  
THINK THAT’S BAD?  
WATCH THIS.’**

**MY MIND IS  
LIKE MY  
INTERNET BROWSER**

**19 TABS OPEN  
3 OF THEM ARE FROZEN &  
I HAVE NO IDEA WHERE  
THE MUSIC IS COMING FROM**



## **“Lets Put Things in Perspective”**

We probably all think that it’s a mess out there now. Hard to discern between what’s a real threat and what is just simple panic and hysteria.

For a small amount of perspective at this moment, imagine you were born in 1900. Many would think that that was a pretty simple time of life. Then on your 14th birthday, World War I begins and, ends on your 18th birthday. 22 million people perish in that war, including many of your friends who volunteered to defend freedom in Europe.

Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. 50 million people die from it in those two years. Yes, 50 MILLION.

On your 29th birthday, the Great Depression begins. Unemployment hits 25%, the World GDP drops 27%. That runs until you are 33. The country nearly collapses along with the world economy. If you were lucky, you

had a job that paid \$300 a year, a dollar a day.

When you turn 39, World War II starts. You aren’t even over the hill yet. And don’t try to catch your breath. If you lived in London England or most of continental Europe, the bombing of your neighbourhood, or invasion of your country by foreign soldiers along with their tank and artillery was a daily event. Thousands of Canadian young men joined the army to defend liberty with their lives. Between your 39th and 45th birthday, 75 MILLION PEOPLE perish in the war.

At 50, the Korean War starts. 5 million perish.

At 55 the Vietnam War begins and doesn’t end for 20 years. 4 million people perish in that conflict.

On your 62nd birthday there is the Cuban Missile Crisis, a tipping point in the Cold War. Life on our planet, as we know it, could have ended. Sensible leaders prevented that from happening.

Now, in 2020, we have the COVID-19 pandemic. Thousands have died; it feels pretty dangerous; and it is!

Now think of everyone on the planet born in 1900. How do you survive all of that? When you were a kid in the sixties and didn’t think your 85-year-old grandparent understood how hard school was. And how mean that kid in your class was. Yet they survived through everything listed above.

Perspective is an amazing art. Refined as time goes on, and very, very enlightening.

So let’s try and keep things in perspective.

***From Tom Louks***

When this virus thing is over with... I still want some of you to stay away from me.

Covid Comics!

So let me get this straight, there's no cure for a virus that can be KILLED by sanitizer and hand soap?

Is it too early to put up the xmas tree yet? I have run out of things to do.

Just wait a second - so what you're telling me is that my chance of surviving all this, is directly linked to the Common Sense of others?

People are scared of getting fined for congregating in crowds. As if catching a deadly disease and dying a horrible death wasn't enough of a deterrent.

The Spread of COVID-19 Is Based On Two Factors:

1. How Dense The Population is
2. How Dense The Population is

It may take a village to raise a child, but I swear it's going to take a whole vineyard to homeschool one.

Remember all those times when you wished the weekend would last forever. Well, Wish Granted. Happy Now?



**You said everything  
would be back to  
normal after June.  
JULYED!**

**I think the real  
reason this  
generation is  
so angry is  
because their  
music sucks.**



#### GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always Catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food..
- 6) Don't sneeze when someone is cutting your hair..
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.

#### GREAT TRUTHS THAT ADULTS HAVE LEARNED:

- 1) Raising teenagers is like nailing Jell-O to a tree.
- 2) Wrinkles don't hurt
- 3) Families are like fudge...mostly sweet, with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise. It's like jogging on the inside.
- 6) Middle age is when you choose your cereal for the fiber, not the toy.

#### GREAT TRUTHS ABOUT GROWING OLD

- 1) Growing old is mandatory; growing up is optional.
- 2) Forget the health food. I need all the preservatives I can get.
- 3) When you fall down, you wonder what else you can do while you're down there.
- 4) You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5) It is frustrating when you know all the answers but nobody bothers to ask you the questions.
- 6) Time may be a great healer, but it's a lousy beautician.
- 7) Wisdom comes with age, but sometimes age comes alone.

#### SUCCESS:

- At age 4 success is . . . . Not piddling in your pants.  
At age 12 success is . . . Having friends.  
At age 17 success is . . Having a driver's license.  
At age 35 success is . . . Having money.  
At age 50 success is . . . Having money.  
At age 70 success is . . . Having a driver's license.  
At age 75 success is ... Having friends.  
At age 80 success is . . . . Not piddling in your pants.

#### THE FOUR STAGES OF LIFE:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus.
- 4) You look like Santa Claus.

Always remember to forget the troubles that pass your way;  
BUT NEVER forget the blessings that come each day.

**MEN ARE JUST HAPPY PEOPLE** (a repeat but still funny as all get out!)

This needs no explanation - and is a fun read, no matter your gender.

**Men Are Just Happier People!** What do you expect from such simple creatures? Your last name stays put. The garage is all yours. Wedding plans take care of themselves. Chocolate is just another snack. You can never be pregnant. You can wear a white T-shirt to a water park. You can wear NO shirt to a water park.

Car mechanics tell you the truth.

The world is your urinal. You never have to drive to another gas station restroom because this one is just too icky. You don't have to stop and think of which way to turn a nut on a bolt. Wrinkles add character.

Wedding dress - \$5,000. Tux rental - \$100. People never stare at your chest when you're talking to them.

New shoes don't cut, blister, or mangle your feet. One mood all the time. Phone conversations are over in 30 seconds flat. You know stuff about tanks. A five-day vacation requires only one suitcase. You can open all your own jars.

You get extra credit for the slightest act of thoughtfulness.

If someone forgets to invite you, he or she can still be your friend. Your underwear is \$8.95 for a three-pack. Two pairs of shoes are more than enough. You almost never have strap problems in public. You are unable to see wrinkles in your clothes.

Everything on your face stays its original color..The same hairstyle lasts for years, maybe decades, even if you are bald. You only have to shave your face and neck. You can play with toys all your life. One wallet and one pair of shoes - one color for all seasons. You can wear shorts no matter how your legs look. You can 'do' your nails with a pocket knife. You have freedom of choice concerning growing a mustache...

You can do Christmas shopping for 25 relatives on December 24 in 25 minutes.

No wonder men are happier!

**NICKNAME** · If Laura, Kate, and Sarah go out for lunch, they will call each other Laura, Kate and Sarah. If Mike, Dave and John go out, they will affectionately refer to each other as Fat Boy, Bubba, and Wild man.

**EATING OUT** · When the bill arrives, Mike, Dave and John will each throw in \$20, even though it's only for \$32.50. None of them will have anything smaller and none will actually admit they want change back. When the girls get their bill, outcome the pocket calculators.

**MONEY.** A man will pay \$2 for a \$1 item he needs. A woman will pay \$1 for a \$2 item that she doesn't need but it's on sale.

**BATHROOMS** · A man has six items in his bathroom: toothbrush and toothpaste, shaving cream, razor, a bar of soap, and a towel . The average number of items in the typical woman's bathroom is 337. A man would not be able to identify more than 20 of these items.

**ARGUMENTS** · A woman has the last word in any argument. Anything a man says after that is the beginning of a new argument.

**FUTURE** · A woman worries about the future until she gets a husband. A man never worries about the future until he gets a wife.



**MARRIAGE** · A woman marries a man expecting he will change, but he doesn't. A man marries a woman expecting that she won't change, but she does.

**DRESSING UP** · A woman will dress up to go shopping, water the plants, empty the trash, answer the phone, read a book, and get the mail. A man will dress up for weddings and funerals.

**NATURAL** · Men wake up as good-looking as they went to bed · Women somehow deteriorate during the night.

**OFFSPRING** · Ah, children. A woman knows all about her children. She knows about dentist appointments and romances, best friends, favorite foods, secret fears, and hopes and dreams. · A man is vaguely aware of some short people living in the house.

**THOUGHT FOR THE DAY.** A married man should forget his mistakes. There's no use in two people remembering the same thing! So, send this to the women who have a sense of humor .... and to the men who will enjoy reading.

*Cannot remember who sent me this one Brian Beyer maybe!?*



*A History of Aprons - An interesting and very true read...*

I don't think most kids today really know what an apron is. The principle use of Mum's or Grandma's apron was to protect the dress underneath because she only had a few. It was also because it was easier to wash aprons than dresses and aprons used less material. But along with that, it served as a potholder for removing hot pans from the oven.

It was wonderful for drying children's tears, and on occasion was even used for cleaning out dirty ears.

From the chicken coop, the apron was used for carrying eggs, fussy chicks, and sometimes half-hatched eggs to be finished in the warming oven.

When company came, those aprons were ideal hiding places for shy kids.. And when the weather was cold, she wrapped it around her arms.

Those big old aprons wiped many a perspiring brow, bent over the hot wood stove. Chips and kindling wood were brought into the kitchen in that apron. From the garden, it carried all sorts of vegetables. After the peas had been shelled, it carried out the hulls. In the fall, the apron was used to bring in apples that had fallen from the trees.

When unexpected company drove up the road, it was surprising how much furniture that old apron could dust in a matter of seconds.

When dinner was ready, she walked out onto the porch, waved her apron, and the men folk knew it was time to come in from the fields to dinner.

It will be a long time before someone invents something that will replace that 'old-time apron' that served so many purposes.

Send this to those who would know (and love) the story about aprons.

**REMEMBER:**

Mum's and Grandma's used to set hot baked apple pies on the window sill to cool. Her granddaughters set theirs on the window sill to thaw.

They would go crazy now trying to figure out how many germs were on that apron.

I don't think I ever caught anything from an apron - but love

*From Brian Beyer*

**There's a spike in  
Covid cases  
because there's a  
spike in testing. If  
there were more IQ  
tests, you'd see a  
spike in morons  
too.**



The countries most affected by the corona virus are the USA, Brazil, Russian, Spain, the United Kingdom, Italy and France. Here are the photos of their leaders:



The countries that are recognized as having managed the crisis best are Germany, Taiwan, New Zealand, Iceland, Finland, Norway and Denmark. Here are the photos of their leaders:



*Mmmmm...very interesting!*

### ***THE UMBRELLA - AN UNFURLING STORY***

On a rainy afternoon, a group of protesters were gathered outside the grocery store handing out pamphlets on the “evils” of America. I politely declined to take one. There was an elderly woman behind me and a young (20-ish) female protester offered her a pamphlet, which she politely declined. The young protester gently put her hand on the old woman's shoulder and in a patronizing voice said, "Don't you care about the children of Iraq?" The old woman looked up at her and said: "Honey, my father died in France during World War II, I lost my husband in Korea , and a son in Vietnam All three died so a naïve, ignorant, self-centered bimbo like you could have the right to stand here and badmouth our country; and if you touch me again, I'll shove this umbrella up your ass and open it."



Just couldn't resist passing this along...such a lovely little story showing just what we can do for kids without even trying...

#### A 4-Year-Old's First Paycheck

A young family moved into a house, next to a vacant lot. One day, a construction crew turned up to start building a house on the empty lot. The young family's 4-year-old daughter naturally took an interest in all the activity going on next door and spent much of each day observing the workers.

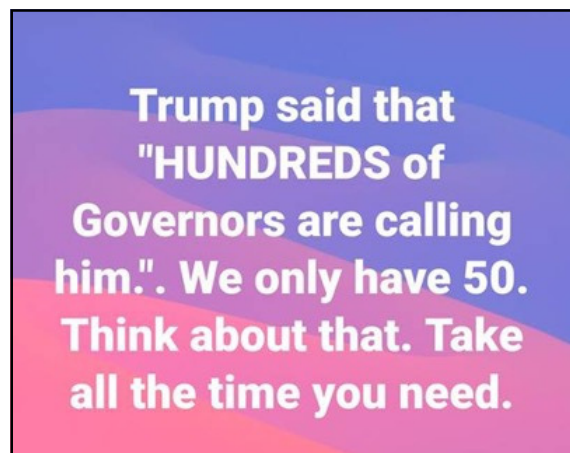
Eventually the construction crew, all of them "gems-in-the-rough," more or less adopted her as a kind of project mascot. They chatted with her, let her sit with them while they had coffee and lunch breaks, & gave her 20 little jobs to do here and there to make her feel important. At the end of the first week, they even presented her with a pay envelope containing ten dollars.

The little girl took this home to her mother who suggested that she takes her 10 dollars "pay" she'd received to the bank the next day to start a savings account. When the girl and her mom got to the bank, the teller was equally impressed & asked the little girl how she had come by her very own paycheck at such a young age. The little girl proudly replied, "I worked last week with a real construction crew building the new house next door to us."

"Oh my goodness gracious," said the teller, "and will you be working on the house again this week, too?" The little girl replied, "I will, if those assholes at Home Depot ever deliver the f\*\*\*in' drywall."

#### We Met At A Bar:

Having already downed a few power drinks, she turns around, faces him, looks him straight in the eye and says, "Listen here, good looking. I will screw anybody, anytime, anywhere, their place, my place, in the car, front door, back door, on the ground, standing up, sitting down, naked or with clothes on...It doesn't matter to me. I just love it." His eyes now wide with interest, he responds, "No kidding... I'm in Government too. Are you federal or provincial?"



**Bonnie Jensen**  
Sales Representative  
(613) 838-4040 Office  
(613) 720-3050 Cell  
www.bonniejensen.com  
bonniejensen@remaxottawa.com

**RE/MAX**  
metro-city realty llc, brokerage  
Independently Owned and Operated

**BMR**

**DOUG KAZDA**  
PRESIDENT

Richmond BMR  
☎ 613.838.4659  
✉ 613.838.7869  
✉ doug.kazda@richmondbmr.ca

6379 Perth Street, P.O. Box 1191, Richmond (Ontario) K0A 2Z0 www.bmr.co

**the CAR-O-PRACTOR**  
"YOUR DEALERSHIP ALTERNATIVE"

Offering Complete Mechanical Maintenance,  
Collision and Body Repair Services Since 1986

P: 613-838-2184 F: 613-838-3693  
caropractor@rogers.com

5949 Ottawa St. Box 490 Richmond On. K0A 2Z0

**Copiexpert Keith Press**  
A Division of 519929 Ontario Inc.

- DIGITAL PRINTING
- OFFSET PRINTING
- ENGINEER DRAWINGS
- LABELS
- POSTERS
- LAMINATION
- BINDING

83 Iber Road  
Ottawa, Ontario K2S 1E7  
613-831-8855  
www.copiexpert.com

**D.E. KINKADE KONSTRUCTION LTD**  
GENERAL CONTRACTING

5948 Perth Street P.O. Box 1243  
Richmond, Ontario  
613-838-5252  
613-229-0758 fax 613-838-7272  
sonyakinkade@bellnet.ca

**DARYL E. KINKADE**  
GENERAL CONTRACTOR

CUSTOM HOMES-ADDITIONS-RENOVATIONS-COMMERCIAL

**independent**  
YOUR INDEPENDENT GROCER

**Chris King**  
Owner/Operator

KING'S YOUR INDEPENDENT GROCER  
5911 PERTH STREET  
RICHMOND, ONTARIO K0A 2Z0

Tel (613) 838-7255  
Fax (613) 838-5466

**I.D.A.**

**Richmond I.D.A. Pharmacy**

1-6265 Perth St.  
Richmond, ON, K0A 2Z0  
**613-838-5323**  
idapharmacy.com

@richmondida @idarichmond

atoma diem

**RABB**  
Construction Ltd.

**Brenda Burrows-Rabb, P.Eng.**

6206 Perth Street, Richmond, Ontario K0A 2Z0  
(613) 838-RABB (7222) • Fax (613) 838-3364  
brenda@rabb.ca

**TERCON**

**HEATING & COOLING**

NATURAL GAS CONVERSION OIL PROPANE INSTALLATION  
CUSTOM DUCTWORK AIR CONDITIONING

**TERRY STEELE**  
**838-4967**  
RICHMOND, ONTARIO

Affordable Websites By

**wwwwebworks**

André J. Ouellette  
Owner and Principal Designer

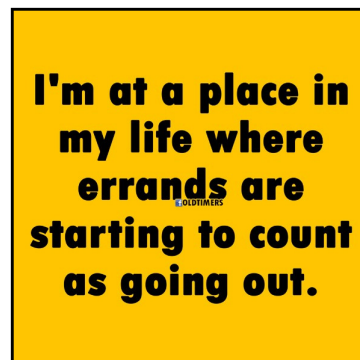
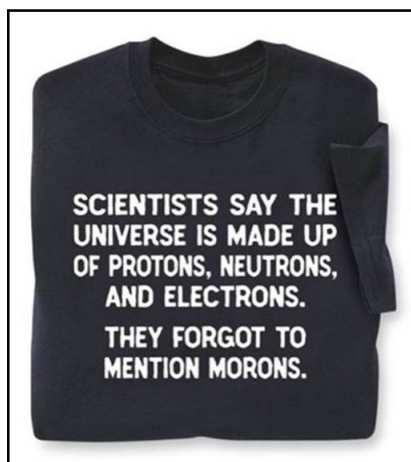
140-2570 Southvale Cres Phone: 613-736-1106  
Ottawa ON K1B 5B6 E-mail: info@wwwwebworks.ca  
www.webworks.ca

*Please  
Support  
Our  
Advertisers!*



Tom Platt	03-Oct
Judy MacKenzie	04-Oct
Maurice Lavoie	05-Oct
Robert Ciraco	09-Oct
Debbie McSheffrey	13-Oct
Joyce Treboutat	13-Oct
Brian McSheffrey	15-Oct
Sharon St. Jean	17-Oct
Nancy Timpson	22-Oct
Oscar Clench	24-Oct
Mary Brule	25-Oct
Joyce Clench	26-Oct
Victor Hepton	28-Oct
Bob Marler	29-Oct
Jane Louks	03-Nov
Dr Rod Rabb	11-Nov
Alfred Kavanagh	11-Nov
Peter Moore	14-Nov
Kerry Lee Cook	19-Nov
Earle Payne	26-Nov
John Andrew	27-Nov

Dini Cameron	04-Dec
Kay Lawless	05-Dec
Nancy Brown	08-Dec
Tom Louks	08-Dec
Alfred Burns	09-Dec
Mike Muldoon	11-Dec
Mark Rabb	12-Dec
Henry Mains	15-Dec
Joyce Cook	17-Dec
Anthony McGrath	22-Dec
William Murphy	23-Dec
Marina Leullier	24-Dec
Boyd Dulmage	25-Dec
Lynne Owen	25-Dec
Louis Seward	27-Dec
Peter MacArthur	05-Jan
Elizabeth Vickers	06-Jan
Jim Becking	07-Jan
Michael McKenna	17-Jan
Roger Bourgeois	29-Jan
Susan Popowicz	30-Jan





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>October 2020</u></b>				1	2	3
4	5	6	7	8	9	10
11	12 Thanksgiving	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st <b><u>November 2020</u></b>	2	3	4	5	6	4
7	8	10	11 Remem- brance Day	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>December 2020</u></b>		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 Christmas	26
27	28	29	30	31		

## **RICHMOND LEGION BR 625 REOPENING**

Following the Framework for Reopening our Province and the City of Ottawa Bylaws, Br 625 RCL Richmond is opening for selected venues only.

Entrance to the hall will be from the front, main door and exiting from the west side door. Masks must be worn on arriving and while exiting and any time you are leaving your seat.

**All persons must sign the daily Log with your name and phone number printed beside your signature.**

**Coffee Hour** will be on Monday, Wednesday, and Friday at 10 am.

**Exercise classes** have resumed and are from 9:00.to 9:50 am Monday, Wednesday, and Friday.

At this time the card tables, dartboards, entertainment, and dances are closed until further notice. Should these activities be allowed prior to the next bulletin it will be announced on our website at [richmondlegion.ca](http://richmondlegion.ca)

As restrictions are eased, we will be reopening the various venues as required

## **COVID-19 RICHMOND LEGION OPENING RULES**

Admission to the Branch Facilities

1. On entering the Branch from the front, main door, you must wear a face mask until you are seated at your table and every time you leave the table. When leaving the Branch, exit from the Westside door.
2. You must use the sanitizer on your hands at the front door.
3. All members and guests must sign the log sheet when you enter and print your name & phone number beside your signature.
4. Only you and your spouse/partner or your personal bubble (10 maximum) can sit together.
5. Only one (1) person in the washroom at a time.
6. Always remember to ``Physical distance ``.

***President Brian Goss & executive committee***



**The Royal Canadian Legion Branch 625  
6430 Ottawa St. W Box 625,  
Richmond, Ontario K0A 2Z0  
Phone 613-838-2644  
Website: [www.richmondlegion.ca](http://www.richmondlegion.ca)**

